



For Health Departments

I design and deliver custom birth doula training programs for state and local health departments, Title V programs, Medicaid doula initiatives, perinatal quality collaboratives, and maternal mortality review work. Trauma-informed, equity-grounded, and built to meet your state’s certification and reporting requirements.

1,500+
Births attended

10,000+
Doulas trained

30+
Years in birth work

What I deliver

- Curriculum that meets your state’s certification standards for Medicaid doula programs or equivalent rules.
- Trauma-informed, equity-grounded facilitation with structured reflection on obstetric racism.
- Outcomes built in for Title V annual reports, PQC dashboards, and federal grant deliverables.
- Curriculum refresh as Medicaid rules, state policy, and current evidence shift.
- Continuing education credit eligibility where it applies, working with your CE provider relationships or my own.
- Cohort report within thirty days of delivery, formatted to fit your reporting templates.

How it fits your funding model

- State Medicaid doula benefit implementation
- Title V MCH block grant
- HRSA Healthy Start
- State legislative appropriations for maternal health and birth equity
- Perinatal quality collaboratives
- Foundation grants targeting maternal and child health

What you can report on

- Pre and post knowledge measures with cohort-level statistics
- Skill demonstration completion rates
- Cohort completion and certification readiness rates
- Reflective practice artifacts documenting trauma-informed and equity-grounded skill development
- Trainer evaluation and quality-of-instruction measures
- Demographic data of trained doulas if you collect it

Why work with me

I am a DONA International approved Birth Doula Trainer with a PhD in healthcare management and systems sciences, an MPH, an MSHPE, a CPH, and a Post-Master’s Certificate in Trauma-Informed Care from New York University. I have attended over 1,500 births and trained over 10,000 doulas. I bring graduate and undergraduate teaching experience, instructional design rigor, and a public health background that matches the rooms your program officers, evaluators, and partners actually live in.



Working on a program?

Send me a project brief at BirthDoulaTrainer.com/contact/. I will reply within two business days with questions, a proposal outline, or both.

BirthDoulaTrainer.com | robin@robineliseweiss.com