



For Healthy Start Sites

I design and deliver custom doula training programs for HRSA Healthy Start grantees, project directors, perinatal program coordinators, and the community-based teams supporting families through pregnancy, birth, and the postpartum period. Trauma-informed, equity-grounded, and built to fit your performance measures and the families you serve.

1,500+
Births attended

10,000+
Doulas trained

30+
Years in birth work

What I deliver

- Curriculum aligned to the Healthy Start service model, your participant population, and the role doulas play on your team.
- Trauma-informed, equity-grounded facilitation grounded in adult learning principles.
- Father and partner engagement built in, aligned with HRSA family-centered priorities.
- Perinatal mental health awareness and warm handoffs to your behavioral health partners.
- Curriculum refresh as HRSA program guidance and current evidence shift.
- Outcomes built in for HRSA non-competing continuation, local evaluation, and community advisory board reports.

How it fits the HRSA cooperative agreement

- Cohort training scheduled around your continuation budget cycles
- Scoped, flat fees that fit a definable line item in your federal budget
- Documentation suitable for HRSA reporting
- Outcome measures that map to your performance framework
- Coordination with your project officer when relevant
- Integration with your local consortium and clinical partners

What you can report on

- Pre and post knowledge measures with cohort-level statistics
- Skill demonstration completion rates
- Cohort completion and certification readiness rates
- Reflective practice artifacts documenting trauma-informed and equity-grounded skill development
- Father and partner engagement skill measures
- Perinatal mental health screening and referral practice records

Why work with me

I am a DONA International approved Birth Doula Trainer with a PhD in healthcare management and systems sciences, an MPH, an MSHPE, a CPH, and a Post-Master's Certificate in Trauma-Informed Care from New York University. I have attended over 1,500 births and trained over 10,000 doulas. I bring graduate and undergraduate teaching experience, instructional design rigor, and a public health background that matches the rooms your program officers, evaluators, and partners actually live in.



Working on a program?

Send me a project brief at BirthDoulaTrainer.com/contact/. I will reply within two business days with questions, a proposal outline, or both.

BirthDoulaTrainer.com | robin@robineliseweiss.com