



For Higher Education

I design doula curriculum and deliver doula-credentialed instruction for community colleges, allied health programs, and universities adding doula training to their offerings. Evidence-based, equity-grounded, and built to fit your accreditation framework, your students, and the workforce demand in your region.

1,500+
Births attended

10,000+
Doulas trained

30+
Years in birth work

What I deliver

- Custom curriculum design integrated with your academic structure, from credit-bearing courses to continuing education cohorts.
- Doula-credentialed instruction delivered each cohort, while your faculty handle the academic wrapper.
- Trauma-informed, equity-grounded facilitation grounded in adult learning principles.
- Curriculum refresh as accreditation standards and current evidence change.
- Outcomes built in for program review, accreditation self-study, and workforce development reporting.
- Articulation with state Medicaid doula training requirements where they apply.

How it fits your academic structure

- Credit-bearing courses with mapped Bloom’s-aligned learning outcomes
- Continuing education cohorts with documented contact hours and digital badges
- Workforce credential pathways aligned with state Medicaid doula training
- Allied health certificates with articulated transfer credit options
- Nursing, midwifery, and social work electives
- Federal Perkins, workforce development, or institutional funding

What you can report on

- Pre and post knowledge measures with cohort-level statistics
- Skill demonstration completion rates
- Cohort completion and certification readiness rates
- Reflective practice artifacts documenting trauma-informed skill development
- Demographic data and equity outcomes if you collect them
- Labor market alignment indicators

Why work with me

I am a DONA International approved Birth Doula Trainer with a PhD in healthcare management and systems sciences, an MPH, an MSHPE, a CPH, and a Post-Master’s Certificate in Trauma-Informed Care from New York University. I have attended over 1,500 births and trained over 10,000 doulas. I bring graduate and undergraduate teaching experience, instructional design rigor, and a public health background that matches the rooms your program officers, evaluators, and partners actually live in.



Working on a program?

Send me a project brief at BirthDoulaTrainer.com/contact/. I will reply within two business days with questions, a proposal outline, or both.

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