



For Hospitals and Health Systems

Two paths, one trainer. I design and deliver in-house doula programs for hospital systems, and I train OB residents, L&D nurses, and midwifery learners in evidence-based labor support. Trauma-informed, equity-grounded, and built to fit your quality framework, your procurement requirements, and the patients you serve.

1,500+
Births attended

10,000+
Doulas trained

30+
Years in birth work

What I deliver

- In-house doula program design from scratch or expansion, including recruitment, onboarding, and integration.
- Clinical labor support training for OB residencies, L&D nursing, midwifery, and hospitalist OB groups.
- Skill demonstrations matched to ACGME, CNE, or program-specific competencies.
- Trauma-informed care grounded in current evidence on obstetric racism and inclusive practice.
- CME and CNE credit eligibility where it applies.
- Outcomes documentation for quality dashboards, residency program reviews, community benefit, and DEI metrics.

Procurement and funding fit

- Vendor credentialing documentation ready for supply chain
- Master service agreement available, multi-year scopes
- Liability and professional insurance in place
- Flat or scoped fees mapped to your budget categories
- IRB-friendly outcome data collection if formally evaluating
- Custom reporting aligned to quality, DEI, or community benefit reports

What you can report on

- Pre and post knowledge measures with cohort-level statistics
- Skill demonstration and clinical competency completion rates
- Resident milestone or nursing competency progress
- Patient experience trend tracking when you collect it
- Community benefit, DEI, and quality dashboard inputs
- Cohort completion and certification readiness rates (in-house program path)

Why work with me

I am a DONA International approved Birth Doula Trainer with a PhD in healthcare management and systems sciences, an MPH, an MSHPE, a CPH, and a Post-Master's Certificate in Trauma-Informed Care from New York University. I have attended over 1,500 births and trained over 10,000 doulas. I bring graduate and undergraduate teaching experience, instructional design rigor, and a public health background that matches the rooms your program officers, evaluators, and partners actually live in.



Working on a program?

Send me a project brief at BirthDoulaTrainer.com/contact/. I will reply within two business days with questions, a proposal outline, or both.

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